

# The Warrior

January 12, 2024 - VOL. 8

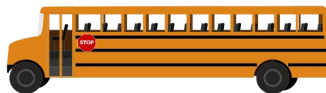
## Dates at a Glance

|               |   |
|---------------|---|
| January 17-18 | Gr. 9 Math EQAO Sem. 1                      |
| January 22    | School Council Meeting - 7pm in the Library |
| January 25    | Period 5 - Final Exams                      |
| January 26    | Period 4 - Final Exams                      |

## Looking Ahead

|            |                         |
|------------|-------------------------|
| January 29 | Period 1 - Final Exams  |
| January 30 | Period 2 - Final Exams  |
| January 31 | Period 3 - Final Exams  |
| February 1 | Exam Review Day         |
| February 2 | PA Day                  |
| February 5 | First Day of Semester 2 |

[School Website](#)



### School Bus Transportation

Please visit [www.schoolbuscity.com](http://www.schoolbuscity.com) daily to confirm bus arriving and departing on time.

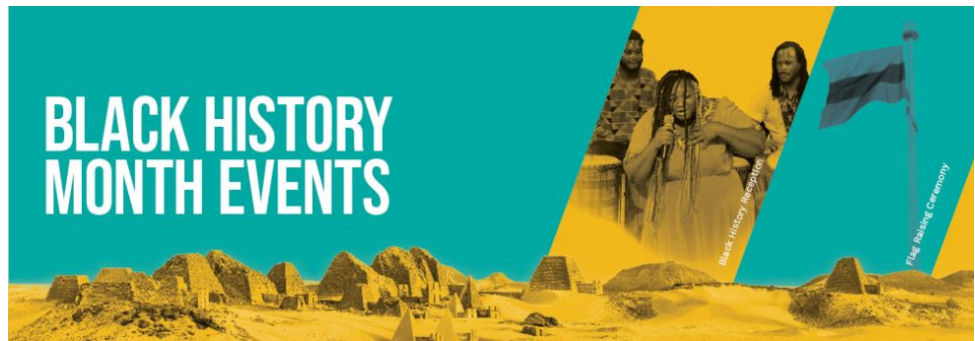
### School Council Meeting for 2023-2024

January 22, 2024  
March 18, 2024  
May 21, 2024

## Grade 9 EQAO Assessment of Mathematics, Winter Administration.

Students who have grade 9 math this semester will be completing the assessment from January 17 - January 18, 2024. Students will write the test during their regularly scheduled math class. Students with an IEP are ensured that accommodations per provincial test guidelines will be offered. A practice assessment is offered through the link below. Please contact Ms. Wright (VP) if you have any concerns or questions.

[Online Gr. 9 EQAO Sample Test](#)



[HHSS Semester 1 Exam Schedule](#)  
[HHSS Exam Expectations](#)

**School Bus Transportation during Exams will be running their regular pick up and drop off times.**

## Exam Review Day Schedule - February 2, 2024

|          |               |
|----------|---------------|
| Period 1 | 9:10 - 9:40   |
| Period 2 | 9:45 - 10:15  |
| Period 3 | 10:20 - 10:50 |
| Period 4 | 10:55 - 11:25 |
| Period 5 | 11:30 - 12:00 |

Principal: Erik Gordon  
Vice Principals: Alexandra Wright (A-L), Corey McArthur (M-Z)

# Huron Highlights

Pick-Up  
Time:  
Location:  
Back Door of  
Greenhouse  
Theatre

Delivery: **Wednesday, January 31, 2024**

Pick-Up  
5:30 p.m. -  
8:00 p.m.



Let's stay connected:



@theatrehhfamily



The Theatre H.H. Family invites you to support our Little Caesar's:

**"Super Bowl Pizza Kit Fundraiser"!**

Money from our Pizza Kit Fundraiser will go directly to the Arts Huron Theatre Program to support productions guest

speakers, prop building, workshops, etc.

Orders Due:

**Tuesday, January 16, 2024**

Please use the link below to order:

[THEATRE HH FAMILY FUNDRAISER](#)

or visit the website:

[PizzaKit.ca](#)

and use:

**fundraiser id #434492**

## Library Learning Commons

It's the end of the semester!

The LLC is here to support you with

- A quiet place to study,
- Chromebooks to finish projects,
- Extended hours,
- Friendly staff to answer questions.



Extended hours: 8:15 am to 4:30 pm starting Monday, January 15 to Friday, January 26.

- All library books are due Monday, January 15.
- If you are still using your book to complete school work, drop by the circulation desk and let us know.

Public Health  
Immunization Clinic,  
February 12, 2024

## HHSS Food Pantry

HHSS Food Pantry is now open!

To book a time please email:  
[alexandra.wright@yrdsb.ca](mailto:alexandra.wright@yrdsb.ca)





# Huron Highlights

## Holiday Activities & Assembly

What a great last day before the break! The Healthy Schools Team handed out free tacos for lunch, followed by an hour of fun where both students and staff got to select an activity to get involved in! We had some cookie decorating going on, we had some folks in the library enjoying some quiet time, we had an intense but super fun dodgeball tournament raging on in the lower gym, we had a movie showing in the cafeteria with some snacks provided, and finally, we had some teachers getting demolished by students in a game of capture the flag outside! The day was capped off with a holiday assembly with not only student performances, but a rousing musical performance by staff members as well!



### FOR MORE INFO CONTACT

The Office of Access and Outreach.  
oao.outreach@utoronto.ca or visit us online at  
[www.temertymedicine.utoronto.ca/summer-mentorship-program](http://www.temertymedicine.utoronto.ca/summer-mentorship-program)



TEMERTY FACULTY OF MEDICINE  
UNIVERSITY OF TORONTO



SUMMER  
MENTORSHIP  
PROGRAM

## PHONE HACKS FOR BUSY STUDENTS



### KEEP THE PHONE OUT OF SITE

Research suggests that this simple trick can increase your focus by 25%, and let you have better interactions with people around you. Keep the sound on for calls if you need (not for all notifications!).



### PHONE FREE BEDROOM

Need a good night's sleep? Charge the phone outside the bedroom to sleep better, perform better, and even have more energy for the day ahead! Put the alarm sound up or buy an alarm clock!



### MANAGE NOTIFICATIONS

Take control of your time and headspace by managing notification settings. Turn off any non-urgent ones, e.g. social media apps and games, and only keep phone and text alerts on.



### REDUCE SOCIAL MEDIA TIME

Did you know that reducing social media use to 30 minutes a day can result in significant reduction in levels of anxiety, depression, loneliness, sleep problems, and FOMO. It is possible to enjoy social media without it taking over your life!

Up for a challenge?  
[www.phonefreeday.org](http://www.phonefreeday.org)



### WHAT YOU LEARN

If you participate in the program, you'll gain some of the skills you need to further your academic and professional career. You'll get to try your hand at a variety of health science professions, including medicine, dentistry, kinesiology, medical radiation sciences, nursing, pharmacy, public health, and social work. You'll need to complete various exercises and assignments with your teacher during the four-week program. You'll also be connected to a student-mentor who is studying in a health science field of interest to you. You'll meet the mentors at the beginning of the program, and you'll be encouraged to keep up this relationship once the program is completed. You'll also be able to connect with and learn from various health professionals to give you deeper insight into a variety of health science careers.

We want to provide you with the skills you need to be a successful student and professional. The health sciences are a broad field with a vast range of career opportunities and we're here to help you find a career that's right for you.

### WHAT YOU EARN

Students who attend a provincially funded Ontario school can earn a credit in Science, Grade 12 University/College Preparation (OAC), that's a credit that will be applied to your Ontario Secondary School Diploma (OSSD). To be eligible, you must be 15 years of age by June 10. You have completed a Grade 10 Science, Academic or any Grade 11 University (U), University/College (UC), or college (C) preparation course in the science curriculum. Preference will be given to grade 11 students that are returning to school for at least one semester.

### DEADLINES

There are two deadlines for the Summer Mentorship Program. Space is limited, so we encourage applicants to apply as early as possible.

January 12, 2024

First application deadline

January 15 - 19, 2024

Email sent to arrange for interviews

February 10 - 11, 2024

First round interviews

February 13 - 20, 2024

Offers emailed to first round applicants

March 22, 2024

Final application deadline

March 25 - 29, 2024

Email sent to arrange for interviews

April 13, 14 and 20, 2024

Second round interviews

April 22 - 26, 2024

Offers emailed to applicants

July 2 - 26, 2024

Summer Mentorship Program Period

Application available at

[www.temertymedicine.utoronto.ca/summer-mentorship-program](http://www.temertymedicine.utoronto.ca/summer-mentorship-program)



### HISTORY OF SMP

The SMP was founded in 1994 by the Faculty of Medicine and the Toronto District School Board, together with the Association for the Advancement of Blacks in the Health Sciences. The program was created to help address concerns about the under-representation of Black and Indigenous people within the health sciences. The key individuals who contributed significantly to establish the SMP were Dr. Miriam Rose, Dr. Dominic Shelton, Diana Ali, Harold Brathwaite, Gerry Connolly, Dr. Kristine Whitehead, Fred Chan and Kelvin Andrews.

In running the SMP, we work with the faculties of Dentistry, Kinesiology and Physical Education, Nursing, Pharmacy, Public Health, Social Work, the Office of Indigenous Medical Education, First Nations House, Black Physicians Association of Ontario, several school boards in the Greater Toronto Area, including TDSB, TCDSB, YRDSB, and DPCDSB, and Indigenous communities outside of Toronto.

Over 28 years, the SMP has had more than 1400 students complete the program — and many of those students have since entered professional faculties and health care professions. Every year, we invite more than 100 students to participate in the four-week program. In 2023, we aim to run the SMP in-person at the U of T's George campus. In an effort to address the under-representation of Black men and Indigenous people in the health sciences, we highly encourage these two groups to apply to the program.

Summer Mentorship Program in Health Sciences

[www.temertymedicine.utoronto.ca/summer-mentorship-program](http://www.temertymedicine.utoronto.ca/summer-mentorship-program)

# Guidance Department Information

## BOOKING A GUIDANCE APPOINTMENT

Your Guidance Department is available to help support you and answer questions.

- Appointments will be booked on TeachAssist. You will see each counsellor's schedule of available time slots at the top of your TeachAssist account when you log on.
- Time slots are 15 minutes each but if you feel you may require a longer time period (eg., Planning for Post-Secondary) then book two consecutive spots. If you are in class at the time of your booked appointment, please let your teacher know at the beginning of the class that you have an appointment.

## Guidance Google Classrooms

General Guidance Google Classroom- Classroom Code: **c57mh6x**

Graduating Classroom- Classroom Code: **4r2zrsk**

## HHSS Guidance Department

*Which Counsellor Should I See?\**

\*Students can choose a counsellor outside of their alpha but we do ask that students establish corresponding with one counsellor so that they can build a rapport.

\* Confidentiality is protected except if we have a concern about your safety or the safety of others.

| Student Surname<br>(by Alpha)                     | Counsellor                       | Counsellor Email   | School Number:<br>905-895-2384<br>Ext: |
|---|----------------------------------|--|--|
| A – H<br>Arts Huron Students                      | Mrs. Barnard                     | <a href="mailto:patricia.barnard@yrdsb.ca">patricia.barnard@yrdsb.ca</a>     | X 200                                  |
| I – R<br>Dual Credits                             | Mr. Gorman                       | <a href="mailto:jon.gorman@yrdsb.ca">jon.gorman@yrdsb.ca</a>                 | X 194                                  |
| S – Z<br>SHSM Students                            | Ms. Phylactou                    | <a href="mailto:phylitsa.phylactou@yrdsb.ca">phylitsa.phylactou@yrdsb.ca</a> | X 192                                  |
| International Students &<br>Alternative Education | Ms. Bradshaw<br>Head of Guidance | <a href="mailto:kelly.bradshaw@yrdsb.ca">kelly.bradshaw@yrdsb.ca</a>         | X 191                                  |

## Graduation Presentations:

[What do you need to graduate?](#)

[Graduation Assembly Presentation](#)

[Applying to Post Secondary](#)

Follow us on:



@hhssyrdsb



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# Post Secondary Info/Fairs

If you have not been to a fair check out:  
[YRDSB POST SECONDARY FAIRS SCHEDULE](#)

## Community Involvement Hours

### Community Involvement Hours

As part of the diploma requirements, students must complete a minimum of 40 hours of community involvement activities. Accumulation of community involvement hours may begin the summer after grade 8.

All graduating students will need to complete and submit their Community Involvement Hours by May 1, 2024

Our Community Involvement Form can be found at:

[Notification and Completion of Community Involvement Activities](#)

OR

Google Form Version (PDF will be automatically emailed to your GAPPS Account)

[Notification and Completion of Community Involvement Hours Google Form](#)

Please complete forms, sign and email or print and return to guidance

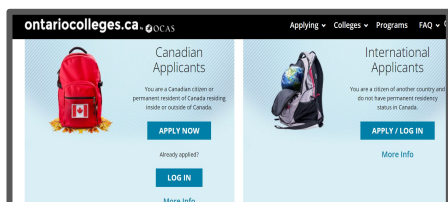
Information outlined on the Community Involvement form outlines acceptable and unacceptable activities. YRDSB updated the Community Hours Policy so please review.

## Post Secondary Applications Approaching!

If your child plans to apply to an Ontario College or University, we suggest they complete (or at least begin) the application process before Winter Break dismissal.

### Ontario Colleges- Due Jan 15 2024

OCAS- Ontario College Application  
Service through [ontariocollege.ca](https://ontariocollege.ca)



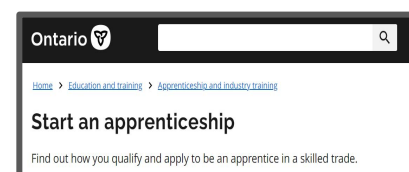
### Ontario Universities- Due Feb 1 2024

OUAC- Ontario University  
Application Centre  
[www.ouac.on.ca](https://www.ouac.on.ca)



### Apprenticeships and Employment - Ongoing

[www.ontario.ca/page/start-apprenticeship](https://www.ontario.ca/page/start-apprenticeship)



# Specialist High Skills Major



## SHSM General Information

FOR PARENTS: [WHAT IS SHSM?](#)

SHSM information and upcoming activities are posted on the [Huron Heights SHSM Classroom](#) (class code 4p752zx). Additional information and resources are located on the [YRDSB Student SHSM site](#). Students must be in their **GAPPS** account to access and GAPPS classrooms or sites.

Is your child in **Grade 10**? Sign up for SHSM now or during course selections in February!

Is your child in **Grade 11** and interested in one of our sectors? Complete the [SHSM Application](#) with your child **ASAP!!**

Is your child in SHSM **Grade 12**? Ask them if they have had their SHSM Grad Meeting with Ms Phylactou. Book an appointment with **Ms Phylactou** for more information.

Grade 11s and 12s should also be enrolled in the GUIDANCE GRADS CLASSROOM : **4r2zrsk**



HW and AC SHSM Certification: Wrapping for Performance and Injury

Not in SHSM?

**[APPLY NOW!](#)**



## FREE Upcoming Events for SHSM Students

**ALL SHSM FORMS ARE AVAILABLE AND SHOULD BE RETURNED TO GUIDANCE**

|        |  |  |
|--------|--|--|
| Jan 15 | OCAS Applications due  | Gr 12 Students                         |
| Feb 1  | OUAC Applications due  | Gr 12 Students                         |
| Feb 15 | Course requests OPEN in My Pathway Planner<br>Complete your SHSM application (go to Student Resources) | All grade 10 and 11 students!!!        |
| Feb 24 | Course Requests DUE<br>Complete an SHSM application by this date!                                      | All grade 10 and 11 and Co-op students |

**SHSM STUDENTS SHOULD CROSS CHECK the [SHSM PATHWAY CHARTS](#) durian course selection to make sure they meet SHSM course requirements**



**level up!**

[Level UP!](#) Skilled Trades Fair

We encourage SHSM students to attend in-person certifications to maximize your SHSM experience during your Grade 11 and 12 years.

If your child would like to complete *virtual* certification (over exam week or on free time), please access the links on the [SHSM Student Site](#).

Once your child has completed the certification, s/he/they **TAKE A SCREENSHOT** of the final completion page and and **submit** it on the [Self-Reporting Google Form](#).

Follow us on: @hhssyrdsb

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